Summer Swing 5K Run, race #14
August 17, 2004

It's a wrap! The 14-race Summer Swing 5K series is in the book. Many thanks to all of you who participated and helped. I will continue to hold the race as an informal run for the next few weeks, so come on out if you would like to meet new people, get in a good run, or enjoy a walk in some peaceful residential neighborhoods. Meet in the Opelika Recreation Center parking lot on Denson Drive at 6pm on Tuesdays and we will depart at 6:15pm. Results for the 8/17 race, as well as YTD results, are below.

Doug Underwood

Sergio Ruiz	21:11	Gary Leung	25:17	Judy Simon	35:46
Kermit Davis	21:26	Beth Ladisla	25:50	Melinda Johnson	49:22
Jennifer Brigati	23:21	Chuck Martin	26:52	Susie Wimmer	49:22
Dave Flynn	23:28	Hunter Pennington	28:18	Page Mixon	49:22
Bob Banks	23:37	Shane Newsome	29:04		
Michael Melton	23:52	Laura Naismith	35:46		

Summer Swing 5K Chronological Results

	W1	*W2*	*W3*	*W4*	*W5*	*W6*	*W7*	*W8*	*W9*	*W10*	*W11*	*W12*	*W13*	*W14*
	5/18/04	*5/25/04*	*6/1/04*	*6/8/04*	*6/15/04*	*6/22/04*	*6/29/04*	*7/6/04*	*7/13/04*	*7/20/04*	*7/27/04*	*8/3/04*	*8/10/04*	*8/17/04*
Alexander, Mark	---	---	---	---	---	---	---	---	---	---	---	29:55	27:26	---
Alexander, Theresa	---	---	---	---	---	---	---	---	---	---	---	30:41	32:46	---
Banks, Bob	24:20	---	23:54	---	---	---	---	---	24:41	---	24:15	24:21	---	23:37
Brestan, Elizabeth	23:11	23:01	27:26	22:12	---	---	---	---	---	---	---	---	---	---
Brigati, Jennifer	---	---	---	---	---	---	---	---	---	---	---	---	---	23:21
Broadwell, Annette	---	---	---	---	22:25	---	23:05	---	---	---	---	---	---	---
Connell, Andrew	---	26:18	27:21	29:07	27:31	30:24	25:34	26:13	26:38	30:36	---	---	---	---
Cook, Toni	---	---	---	---	---	---	---	---	---	---	---	---	54:06	---
Cummings, Heather	22:50	22:30	---	---	22:21	---	22:23	---	---	---	---	22:45	---	---
Davino, Stuart	---	---	---	---	---	---	---	---	28:35	---	---	---	---	---
Davis, Kermit	21:10	19:54	---	---	22:21	24:20	22:23	26:23	22:03	21:54	21:28	20:59	20:09	21:26
Dollar, Michael	---	---	---	---	38:15	---	---	---	---	---	---	---	---	---
Ensminger, Brittany	---	---	---	---	---	---	---	---	43:19	---	34:52	---	---	---
Fisher, Jack	---	---	24:12	---	---	---	---	---	---	---	---	---	---	---
Flynn, David	---	20:42	---	22:13	---	24:20	22:23	26:23	---	26:38	26:44	---	---	23:28
Gibson, Jocelin	---	29:08	---	27:15	---	---	24:24	---	---	---	---	35:43	---	---
Gibson, Keith	---	---	25:04	24:25	---	25:18	---	---	---	---	---	---	---	---
Goodman, Bob	18:42	19:54	18:07	22:13	---	---	17:58	---	18:37	21:29	18:06	20:48	19:55	---
Gould, Vicki	---	30:28	---	---	---	---	---	---	---	---	---	---	---	---
Harris, Jill	25:48	---	25:11	---	25:32	---	---	---	---	---	---	25:51	---	---
Irons, Jessica	---	---	---	43:20	42:35	---	---	---	---	---	---	---	---	---
Johnson, Melinda	---	---	44:50	---	---	---	---	52:58	---	---	---	55:18	54:06	49:22
Kelley, Lynn	---	---	---	35:47	---	---	---	---	---	---	---	---	---	---
Knight, Denah	---	---	---	40:33	---	33:24	---	---	---	---	---	---	---	---
Knight, Micah	---	21:10	27:04	26:21	---	---	---	---	---	26:42	---	22:32	---	---
Kyser, Todd	---	---	---	25:41	24:06	---	25:08	---	---	---	---	---	---	---
Ladisla, Beth	---	---	27:59	27:30	---	---	29:54	---	28:19	27:57	27:45	28:47	---	25:50
Lambha, Meena	---	---	42:34	---	42:35	38:50	---	---	---	---	---	---	---	---
Lee, Ember	---	---	41:55	42:20	33:39	32:11	---	---	---	---	---	---	---	---
Leung, Gary	---	---	27:47	27:14	---	---	29:53	28:29	28:30	27:52	27:38	27:53	---	25:17
Long, Beverly	27:15	---	---	---	---	---	---	---	---	---	---	---	---	---
Martin, Chuck	---	---	---	---	27:43	27:37	27:26	---	27:13	39:34	26:59	27:32	26:33	26:52
Martin, Cody	---	---	---	---	---	---	---	---	---	39:33	---	---	---	---
Melton, Michael	---	---	---	---	24:00	26:22	22:59	---	---	24:28	26:44	23:04	---	23:52
Mixon, Page	---	---	---	---	---	---	---	---	---	---	---	55:18	---	49:22
Naismith, Laura	---	---	---	---	---	---	---	---	---	---	---	36:44	---	35:46
Newsome, Shane	---	---	---	---	---	---	---	---	---	---	---	---	---	29:04
Pennington, Hunter	---	---	---	---	---	---	---	---	---	---	---	---	---	28:18
Routhier, Wendi	---	---	---	---	---	---	25:33	---	---	---	---	---	---	---
Ruiz, Sergio	---	---	---	---	---	---	---	---	---	---	---	21:36	22:06	21:11
Sanders, Amy	---	29:39	---	---	---	---	---	---	---	---	---	---	---	---
Sanders, Jerome	---	25:15	---	---	---	---	---	---	---	---	---	---	---	---
Shelton, Bruce	25:35	24:53	25:03	---	---	---	27:14	---	---	---	30:52	---	---	---
Shelton, Jamie	27:03	26:03	29:39	---	---	---	---	---	---	28:14	28:43	---	---	---
Simon, Judy	---	---	---	---	---	---	---	---	---	---	---	36:44	---	35:46
Stetina, Brittani	---	---	---	---	---	---	---	---	43:19	---	34:52	---	---	---
Stetina, Grace	---	---	---	---	---	---	---	---	23:48	---	---	---	---	---
Stetina, Robert	---	---	---	---	---	---	---	---	53:05	---	---	---	---	---
Taylor, Andy	---	20:52	26:02	23:44	23:04	24:34	---	---	---	---	---	27:38	---	---
Thorn, Wade	---	---	44:50	40:33	38:20	---	---	---	---	---	---	---	---	---
Underwood, Doug	24:06	---	26:45	23:34	23:11	23:38	22:49	---	---	23:24	25:34	---	23:44	---
Westmoreland, Michelle	---	---	---	---	33:45	33:45	33:30	33:55	---	---	33:42	35:09	---	---
Wild, Christina	---	36:53	---	---	---	---	39:19	---	---	---	---	---	---	---
Wimmer, Susie	---	---	39:32	---	43:02	---	45:22	52:58	---	---	---	55:18	54:06	49:22
Wise, Mark	---	---	---	33:02	---	---	---	---	---	---	---	---	---	---