30th ANNUAL RUN FOR VALLEY HAVEN MAY 6th VALLEY, AL

Over 332 participants showed up for this year's many Hike/Bike/Run events. Of these, 72 were runners who came for this great low key event. Hike/Bike/Run is the annual fundraiser for Valley Haven School, The Arc Center for East Alabama. Hike/Bike/Run is an event where you can participate in many ways; run, bike, walk, or ride. The Run For Valley Haven is the only race in the events. The course is flat, fast and scenic. They always have one of the best looking shirts of the year.

The run winners were: 10.5K, Overall Male winner: Steve Speakman

10.5K, Overall Female winner: Hallie Turner 10.5K, Master's Male winner: Mitchell Sinyard 10.5K, Master's Female winner: Raeanne Watkins

5K, Overall Male winner: Kermit Davis 5K, Overall Female winner Kim Waite

5K, Master's Male winner: Mitchell Sinyard 5K, Master's Female winner: Raeanne Watkins

Age group winners were: <u>5K Male</u>: Age 0-19 - A.J. Flournoy, Corbin Hoats, Colin Cummings; Ages 20-29 - Aaron Burton; Ages 30-39 - Mark Huberdeau, Dave Gilbert, Wayne Garcia; Ages 40-49 - Jim Punvis, Marty Miller, Charles Hames; Ages 50-59 - Roger Keel, Charlie Haynes, Harry Pagan; Ages 60-69 - Dave Hagenes, Roger McDonald, David Watkins; Ages 70-79 -Don McClellan. <u>5K Female</u>: Ages 20-29- Robin Barber, Christine Jones; Ages 30-39- Michelle Powel, Amy Newsome, Kim Schoonover, Erin Burton; Ages 40-49 - Cheryl Torbert, Pamela Siemsen; Ages 50-59 - Barbara Taylor; Ages 60-69- Kathy Givens, Linda Combs, Linda Zeeman.

Age group winners for 10.5K Male: Ages 20-29 - , Josh Stack, Andrew Kosterman; Ages 30-39 - Kermit Davis, Curt Malone; Ages 40-49- Wesley Williamson, Marty Miller, Len Waite; Ages 50-59 -Roger Keel, Charlie Hames, Harry Pagan; Ages 60-69 - David Waites, Roger McDonald, Bob Burlington, and Age 70 and over - Don McClellan. 10.5K Female: Ages 0-19 - Kim Waite; Ages 20-29- Michelle Powell; Ages 30-39 - Lynn Williamson, Penny Watson; Ages 40-49-Sheryl Trobert; Ages 50-59-Barbara Taylor, Vicky Wernar, Kathy Givens, and 60-69 Linda Zeeman

<u>The Run for Valley Haven</u> is held every first Saturday of May. For more information, contact Tony Edmondson (334)756-7801 or E-mail at valleyhaven@charterinternet.com