

It's a wrap! 14 weeks of good friends, good runs, good food.....a big thanks to all of you who have come out and taken part in our fourth year of Summer Swing Runs. We had 106 participants over the course of the summer. Kermit and Hugh made it through the series without missing a single race, and several others were right behind them. As hot as it has been the last few weeks, that's an accomplishment in itself. For those of you that would like to continue to run on Tuesday nights, we will continue to meet, informally (that means bring your own sports drink and water!) at 6pm at the Rec Center on Denson Drive. Much thanks to the Walker family, and Michael Melton, for their help this summer with the food preparation and clean up. I appreciate your help more than you know! Doug

Summer Swing 5K Chronological Results

	W1	W2	W3	W4	W5	W6	W7	W8	W9	W10	W11	W12	W13	W14
	5/8/07	5/15/07	5/22/07	5/29/07	6/5/07	6/12/07	6/19/07	6/26/07	7/10/07	7/17/07	7/24/07	7/31/07	8/7/07	8/14/07
Aikens, Allison	---	---	---	---	---	---	---	59:21	---	---	---	---	---	---
Alexander, Lydia	---	---	---	---	---	---	---	35:49***	---	---	29:48***	37:49***	---	---
Alexander, Mark	---	---	28:26*	---	---	---	---	35:51*	---	---	29:49*	26:26	---	---
Alexander, Theresa	---	---	31:35	---	30:48	---	---	33:32	---	---	31:38	37:49*	---	---
Anderson, Sarah	---	26:08	26:26	27:37	---	26:57	---	---	---	---	---	---	---	---
Andrews, Morgan	---	***	---	---	---	---	---	---	---	---	---	---	---	---
Banks, Bob	25:34	---	24:00	23:56	23:27	---	---	23:47	---	---	---	---	24:21	23:34
Bean, Peyton	---	***	---	---	---	---	---	---	---	---	---	---	---	---
Braswell, Joey	---	---	---	---	25:57	---	---	---	25:19	26:49	---	24:39	---	---
Brown, Morgan	27:47	---	26:13	***	26:18	---	---	---	---	---	---	---	---	---
Bryant, Ruth	---	---	---	---	---	---	31:48	30:50*	29:30	---	30:36	---	---	---
Bryant, Zach	---	---	---	---	---	---	21:08*	---	21:17*	---	20:37*	---	---	---
Campbell, Hugh	30:09	28:21	29:05	27:04	39:05	26:45	29:26	28:08	28:57	29:32	52:42	26:24	27:37	28:20
Carpenter, Kelcie	---	---	---	---	---	---	---	---	38:46	---	---	---	20:53***	---
Carpenter, Melissa	---	---	---	---	---	---	---	---	45:44	---	---	---	---	---
Carpenter, Scot	---	---	---	---	---	---	---	---	45:43	---	---	---	---	---
Carroll, Misty	---	---	---	29:18	28:35	28:38	27:20	---	30:01	28:47	---	---	---	---
Carter, Brian	---	24:52	---	22:36	---	---	---	---	---	---	---	---	---	---
Carter, Matt	---	---	---	---	30:53*	---	---	---	---	---	---	---	---	---
Carter, Nichole	---	---	---	---	30:53	---	---	---	---	---	---	---	---	---
Carter, Tommy	---	29:12	28:21	28:47	29:07	---	28:20	---	28:18	27:12	30:32	29:06	27:53	---
Caudill, Janice	---	36:10	---	---	37:27	36:41	36:58	---	---	---	---	---	---	---
Cauthen, Laura	---	---	---	---	---	---	---	---	---	---	---	---	---	---
Chinberg, Susan	---	---	---	---	---	---	---	51:27	---	---	---	---	---	---
Connell, Andrew	21:00	22:42	---	---	21:58	21:57	21:19	21:48	20:59	25:48	21:28	21:43	22:05	21:57
Connell, Angela	---	---	---	---	---	26:40***	27:18***	25:09***	26:29***	25:46***	25:26***	25:26***	27:42***	---
Corbitt, Elyse	---	---	---	27:26	---	---	---	---	---	---	---	---	---	---
Credo, Keith	---	---	---	---	---	---	33:04	---	---	---	---	---	---	---
Crews, Adam	---	---	---	---	22:58	---	---	---	---	---	---	---	---	---
Cummings, Heather	---	27:09	25:36*	---	---	---	---	---	---	---	---	---	---	---
Daughtry, Julia	---	---	---	---	---	---	---	51:27	---	---	---	---	---	---
Davis, Kermit	21:29	21:15	20:58	20:46	20:53	22:43	20:42	21:30	21:48	21:51	23:25	25:06	22:29	22:51
Delmore, Killian	---	---	---	---	25:34	---	24:59	24:58	---	---	---	---	26:44	---
Dorman, Kim	---	***	---	---	---	---	---	---	---	---	---	---	---	---
Duncan, Chris	---	---	---	27:13	---	---	---	---	---	---	---	---	---	---
Duncan, Kelli	---	---	---	29:58	---	---	---	---	---	---	---	---	---	---
Edmondson, Tony	34:55	35:25	---	38:37	36:30	35:19	35:03	---	---	---	---	35:45	35:22	---
Evans, Tom	---	---	25:28	---	---	---	---	---	---	---	---	---	---	---
Fleming, Mark	---	---	17:35	---	---	---	---	---	---	---	---	---	---	---
Frank, Jennifer	---	---	27:35	27:57	27:54	26:48	---	27:23	---	28:22	---	---	28:42	---
Garner, Karen	---	***	33:51	36:20*	35:39	---	---	---	---	---	---	---	---	---
Garner, Ty	---	25:12*	24:18*	---	23:52*	34:30	---	---	---	---	---	---	---	---
Gibson, Jocelin	---	---	25:39*	31:14	30:33*	---	---	---	---	---	---	---	---	---
Glover, Kaley	---	---	---	---	---	---	22:05	---	---	---	---	---	---	---
Goldfuss, Maureen	---	---	---	---	36:29	35:23	---	39:05	37:41	---	35:20	35:35	35:21	36:23
Goodman, Bob	---	---	20:47*	31:06	---	20:21	---	20:59	---	20:13	---	25:05	21:16	---
Goodwin, Peter	---	---	---	---	---	---	---	---	25:28	---	---	---	---	---
Gresch, Eric	---	---	---	---	---	---	21:44	---	---	25:44	---	---	---	---
Hankins, Larry	---	---	21:28	22:08	21:34	---	---	---	---	---	---	---	---	---
Harris, Jill	---	25:40	25:12	---	30:32	26:16	---	25:30	---	25:44	---	25:58	---	---
Heatherly, Jay	---	22:42	---	---	---	---	---	---	---	---	---	---	---	---
Heatherly, Kristin	---	29:26	---	---	---	---	---	---	---	---	---	---	---	---
Hennessey, David	---	---	30:46*	31:16*	---	---	---	---	---	---	---	---	---	---
Holland, Chris	---	---	---	27:05	25:48	25:00	24:55	25:27	25:54	---	25:17	---	---	---
Hurley, Karin	---	---	---	---	---	39:23	---	42:09*	39:05	---	39:49	---	---	38:47
James, Cal	---	---	---	---	---	---	---	---	---	---	29:55*	---	---	---
Johnson, Joel	---	---	---	---	30:28	---	---	---	---	---	---	67:11	63:15	---
Kennis, Bob	---	---	24:00	24:07	24:20	26:23	---	---	---	---	---	---	---	---
Khodadadi, Karen	---	---	---	---	30:33	---	---	---	---	---	---	---	---	---
Kiboiwo, Felix	---	---	---	---	15:59	---	---	---	---	---	---	---	---	---
Killian, Jim	---	---	---	---	15:59	---	---	---	---	---	---	28:11	28:22	27:34

	W1	W2	W3	W4	W5	W6	W7	W8	W9	W10	W11	W12	W13	W14
	5/8/07	5/15/07	5/22/07	5/29/07	6/5/07	6/12/07	6/19/07	6/26/07	7/10/07	7/17/07	7/24/07	7/31/07	8/7/07	8/14/07
King, Lori	---	---	---	---	---	---	---	51:27	---	---	---	---	---	---
Knight, Micah	---	---	---	---	---	---	---	---	---	---	---	---	---	---
Kyser, Todd	---	---	---	---	---	---	---	---	---	---	---	---	---	---
Ladislav, Beth	---	29:07	33:10*	---	---	27:34	27:28	---	---	---	---	---	---	---
Leung, Gary	27:10	30:00	26:45	---	---	25:04	30:39*	---	---	---	---	29:58*	---	---
Leung, Gregory	---	25:27	23:58	---	---	26:14	---	---	---	---	---	---	---	---
Macharia, Francis	---	---	17:05	---	---	---	---	---	---	---	---	---	---	---
Majors, James	---	25:20	25:27	---	---	---	---	---	---	---	---	25:39	25:48	---
Marley, Jimmy	---	---	---	---	27:21*	27:04	---	---	28:15	27:01	---	23:20	---	---
Marley, Shonda	---	---	---	---	27:21	27:03	---	---	28:15	27:00	---	---	---	---
Martin, Jennifer	---	---	---	30:55	---	---	---	---	---	---	---	---	---	---
McCutcheon, Kelly	---	***	33:52	36:21	35:36	---	---	---	---	---	---	---	---	---
Meadows, Beth	---	---	---	23:47	---	---	---	---	---	---	---	---	---	---
Meadows, Diane	---	---	---	35:04	---	---	---	---	---	---	---	---	---	---
Melton, Michael	24:37	---	24:48	---	---	---	---	---	---	---	---	---	25:45**	---
Mussig, Amanda	---	---	---	---	35:33	34:16	---	---	---	---	---	---	---	---
Novak, Sylvia	---	---	---	31:50	---	---	---	---	---	---	---	---	---	---
Parsons, David	---	---	---	20:29	19:46	---	---	19:53	---	---	---	---	---	---
Payne, Ruthie	---	---	---	---	---	---	31:47	---	---	32:56	---	---	---	---
Pine, Harvey	24:45*	24:17	23:50*	---	---	24:58	---	---	---	24:43	---	---	---	26:32*
Poole, Tommy	---	---	---	---	---	42:01	---	---	---	---	---	---	---	---
Ray, Logan	---	---	---	---	---	22:38	---	---	---	---	---	---	---	---
Robinson, Phil	---	---	24:24	---	---	---	---	---	---	---	---	---	---	---
Shelton, Bruce	---	***	---	---	---	---	---	---	---	---	---	---	---	---
Shelton, Jamie	---	29:15	30:45*	---	---	---	---	---	---	---	---	---	---	---
Simpkins, Page	---	---	---	---	---	---	58:15	---	---	---	---	---	---	---
Sims, Susan	---	---	47:53	45:59	---	---	---	---	---	---	---	---	---	---
Speakman, Steve	---	---	---	---	19:19	---	---	19:46	---	---	---	---	---	21:47
Sprinkle, Caroline	---	---	---	---	---	41:59	---	---	---	---	---	---	---	---
Sumerau, Bobby	---	---	---	20:08	---	21:59	19:45	---	---	---	---	---	---	---
Taylor, Andy	---	20:27	20:42	20:10	---	---	---	---	---	20:56	---	---	---	---
Thorn, Wade	---	---	---	---	---	---	---	---	24:04***	---	---	---	---	---
Trouse, David	25:12	---	---	---	---	---	---	---	---	---	---	---	---	---
Trouse, Fred	21:06	---	21:42	21:12	21:31	22:34	---	21:54	---	---	23:25	---	21:15	22:23
Turner, Gareth	---	---	---	---	---	---	---	34:20	---	---	---	---	---	---
Walker, Cameron	---	---	---	---	---	---	---	---	40:25	24:58***	---	---	21:13***	22:35***
Walker, Cayton	---	---	---	---	---	---	---	---	40:20	25:02***	---	---	---	22:35***
Walker, Genera	---	---	---	---	---	---	---	---	40:26*	25:40***	---	---	---	---
Walker, Gray	---	---	---	---	---	---	---	---	---	25:39***	---	---	---	---
Walker, Tim	21:44	---	21:45	---	21:44	---	---	---	---	---	---	27:56	24:01	---
Walls, Alvin	---	36:10	---	30:49	28:51	---	---	---	---	---	---	---	---	---
Wilson, Jennifer	---	---	---	---	---	---	---	---	---	---	---	---	---	38:47
Wimmer, Susie	---	---	---	---	54:06*	---	58:15	59:21	---	---	---	67:11*	63:15	---
Yuill, Graham	---	---	---	---	---	32:35	---	---	---	---	---	36:27	---	---
Yuill, Pam	---	---	---	unk	unk	32:33	---	---	---	---	---	36:26	---	---

* partnered with young runner, pet, or pushing stroller

** equivalent time

*** distance other than 5k

5/8 First run, no concert

5/15 Lee Scott Academy Jazz Band

5/22 OHS Jazz Ensemble

5/29 Southeast Alabama Community Band

6/5 Route 66

6/12 Cornerstone UMC & 1st Baptist Opelika Praise Bands

6/19 Kidd Blue

6/26 Muse

7/10 Bill J. Brooks - "Elvis Lives" Concert

7/17 AU Summer Concert Band

7/24 Martha's Trouble

7/31 Fred Jones and The Good News Trio

8/7 Lake Martin Jazz Masters

8/14 Route 66