

Family Guidance 2018

Race Date
September 08, 2018

Overall Finish List

5K

Place		-----Total-----							Chip Time	Gun Time	Pace	Time Back
Overall	Name	City	Bib No	Age	Gen	AG Place						
1	Josh Jenkins	Boaz AL	359	24	M	1 OA		17:44	17:46	5:42/M		
2	Matthew Meadows		325	12	M	1/5 10-14		20:16	20:18	6:31/M	2:32	
3	James Haigler		331	18	M	1/5 15-19		22:37	22:40	7:16/M	4:55	
4	Tim Moore	Montgomery AL	490	34	M	1/6 30-34		22:47	22:52	7:19/M	5:06	
5	Jake Jacobs	Montgomery AL	484	26	M	1/3 25-29		23:00	23:25	7:23/M	5:39	
6	Jason Paul Ferguson		332	17	M	2/5 15-19		23:34	23:37	7:35/M	5:52	
7	Kolby Coleman		329	16	M	3/5 15-19		23:45	23:47	7:38/M	6:02	
8	Samuel Maina	Montgomery AL	358	31	M	2/6 30-34		24:01	24:15	7:43/M	6:29	
9	Jessianna Osborne	Montgomery AL	368	37	F	1 OA		23:36	24:34	7:35/M		
10	Robin Boutwell	Pike Road AL	389	59	M	1 Masters		25:14	25:19	8:06/M	7:33	
11	Molly Presnell		322	17	F	1/2 15-19		25:19	25:24	8:08/M	0:50	
12	Kevin Osborne	Montgomery AL	367	43	M	1/5 40-44		26:04	27:03	8:23/M	9:18	
13	Juan Hernandez	Montgomery AL	497	49	M	1/3 45-49		27:08	27:12	8:43/M	9:27	
14	Ryan Rickles	Montgomery AL	382	32	M	3/6 30-34		27:23	27:33	8:48/M	9:48	
15	Rhea Rastogi	Montgomery AL	397	12	F	1/7 10-14		27:39	27:41	8:53/M	3:07	
16	Kuda Kgoro		487	29	M	2/3 25-29		28:04	28:14	9:01/M	10:28	
17	Alberto Trujillo	San Antonio TX	315	39	M	1/2 35-39		28:17	28:39	9:05/M	10:53	
18	Bridget Hammett	Montgomery AL	396	48	F	1 Masters		29:25	29:43	9:27/M	5:09	
19	Alexander Collaco	magnolia DE	493	34	M	4/6 30-34		29:26	29:49	9:28/M	12:04	
20	Amy Eberly	Montgomery AL	369	37	F	1/15 35-39		30:09	30:13	9:41/M	5:40	
21	Alvonta Primm	Montgomery AL	498	31	M	5/6 30-34		29:55	30:17	9:37/M	12:31	
22	Naomi Hudson		320	12	F	2/7 10-14		31:42	31:46	10:11/M	7:12	
23	Robert Leveille	Prattville AL	410	57	M	1 GMaster		31:55	32:08	10:15/M	14:22	
24	Frederick Perkins	Montgomery AL	393	57	M	1/2 55-59		32:26	32:30	10:25/M	14:45	
25	Jordan Oslie	Austin AR	314	31	F	1/5 30-34		32:28	32:33	10:26/M	7:59	
26	Emma Newton		321	13	F	3/7 10-14		32:35	32:39	10:28/M	8:05	
27	Jordan Sanders		342	23	M	1/1 20-24		32:33	32:51	10:28/M	15:05	
28	Irina Sanders		343	26	F	1/7 25-29		32:34	32:52	10:28/M	8:18	
29	Eric Alvarado Ramos		472	42	M	2/5 40-44		32:32	32:55	10:27/M	15:10	
30	Charieda Dedaux	Dover DE	475	33	F	2/5 30-34		32:33	32:56	10:28/M	8:22	
31	Breanna Newton	Montgomery AL	495	21	F	1/1 20-24		33:15	33:24	10:41/M	8:50	
32	Spenser Linn		330	16	M	4/5 15-19		33:25	33:29	10:44/M	15:44	
33	Robert Vines	Montgomery AL	416	25	M	3/3 25-29		33:29	33:36	10:46/M	15:50	
34	Sue Connor	Deatsville AL	384	62	F	1 GMaster		34:03	34:23	10:57/M	9:49	
35	Elijah Zorn		328	12	M	2/5 10-14		34:26	34:29	11:04/M	16:43	
36	Tasha Cooper	Montgomery AL	365	35	F	2/15 35-39		34:34	34:42	11:07/M	10:08	
37	Kylle' McKinney	Montgomery AL	409	48	M	2/3 45-49		34:26	34:43	11:04/M	16:57	
38	Anita Brown	Pike Road AL	412	48	F	1/6 45-49		34:45	34:53	11:10/M	10:19	
39	Roslin Tucker	Tallassee AL	400	52	F	1/4 50-54		35:10	35:20	11:18/M	10:46	
40	Jewel Wilkinson	Prattville AL	392	57	F	1/6 55-59		35:22	35:32	11:22/M	10:58	
41	Paul Jacobs	Montgomery AL	473	62	M	1 SGMaste		35:15	35:39	11:20/M	17:53	
42	Andrew McGough		499	58	M	2/2 55-59		35:11	35:41	11:18/M	17:55	
43	Sara Kate Linn		323	17	F	2/2 15-19		35:44	35:49	11:29/M	11:15	
44	Tanner Sexton	Highland Home AL	340	10	M	3/5 10-14		36:01	36:07	11:35/M	18:21	
45	Zoey Helms	Montgomery AL	398	11	F	4/7 10-14		35:59	36:07	11:34/M	11:33	
46	Mike Sexton	Highland Home AL	341	40	M	3/5 40-44		36:11	36:17	11:38/M	18:32	
47	Katherine Jacobs	Montgomery AL	485	25	F	2/7 25-29		35:56	36:20	11:33/M	11:46	
48	Chris Hall	Conway AR	486	46	M	3/3 45-49		36:16	36:22	11:39/M	18:36	
49	Serena Birch	Hammond LA	313	38	F	3/15 35-39		36:27	36:33	11:43/M	11:59	
50	Evan McNeil		482	8	M	1/3 4-9		36:40	36:57	11:47/M	19:12	
51	Vaughan Dickson	Union Springs AL	363	38	F	4/15 35-39		37:02	37:19	11:54/M	12:45	
52	Sam Dickson	Pike Rd AL	362	8	M	2/3 4-9		37:04	37:21	11:55/M	19:36	
53	Elton Brooks	Montgomery AL	355	38	M	2/2 35-39		37:00	37:24	11:54/M	19:39	
54	Robert Lee	Montgomery AL	407	72	M	1/4 70-99		35:44	37:29	11:29/M	19:43	
55	Callie Hincy	Montgomery AL	317	41	F	1/4 40-44		37:12	37:34	11:57/M	13:00	
56	West Marcus	Montgomery AL	468	79	M	2/4 70-99		37:24	37:50	12:01/M	20:04	
57	Carolynne Blakney	Bynum AL	399	58	F	2/6 55-59		37:33	38:05	12:04/M	13:31	
58	Adam Standifer	Montgomery AL	494	30	M	6/6 30-34		38:03	38:17	12:14/M	20:31	
59	Woody Woodham	Montgomery AL	402	75	M	3/4 70-99		39:03	39:18	12:33/M	21:33	
60	K. Millen	Prattville AL	411	39	F	5/15 35-39		38:44	39:29	12:27/M	14:55	
61	Rhonda Douglas	Marbury AL	366	47	F	2/6 45-49		39:54	40:01	12:49/M	15:27	
62	Lynette Cupps		353	35	F	6/15 35-39		39:49	40:11	12:48/M	15:37	
63	Pat Morrow	Montgomery AL	476	63	F	1 SGMaste		40:25	40:41	12:59/M	16:07	
64	Sheree Cox	Montgomery AL	391	36	F	7/15 35-39		40:51	41:38	13:08/M	17:04	
65	Reginald Little	Montgomery AL	390	41	M	4/5 40-44		40:51	41:38	13:08/M	23:53	
66	Howard Runyan	Montgomery AL	381	61	M	1/3 60-64		41:18	41:43	13:16/M	23:57	
67	Brittany Green		352	30	F	3/5 30-34		41:19	41:43	13:17/M	17:09	

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Place	Overall	Name	City	Bib No	Age	Gend	AG Place	-----Total-----		Pace	Time Back
								Chip Time	Gun Time		
68		Debra Bowden	Montgomery AL	356	49	F	3/6 45-49	41:38	41:54	13:23/M	17:20
69		Gloria Witherspoon	Montgomery AL	395	63	F	1/5 60-64	41:36	41:58	13:22/M	17:24
70		Cheryl Henderson		471	55	F	3/6 55-59	43:02	43:11	13:50/M	18:37
71		Sandra McCallough		500	53	F	2/4 50-54	43:01	43:29	13:50/M	18:55
72		Tiffany Arrington	Montgomery AL	394	37	F	8/15 35-39	43:25	43:37	13:57/M	19:03
73		Jeremy Griggs	Montgomery AL	483	7	M	3/3 4-9	43:55	43:59	14:07/M	26:13
74		Jessica Frazier	Montgomery AL	489	38	F	9/15 35-39	44:23	44:47	14:16/M	20:13
75		Tanya Stubbs	Montgomery AL	415	47	F	4/6 45-49	44:29	44:49	14:18/M	20:15
76		roosevelt hammond		350	62	M	2/3 60-64	44:23	44:50	14:16/M	27:05
77		Ron Herring	Montgomery AL	388	66	M	1/2 65-69	44:52	45:00	14:25/M	27:14
78		Michael Henry		324	17	M	5/5 15-19	45:55	45:57	14:46/M	28:12
79		Lisa Neese	Alex City AL	405	54	F	3/4 50-54	45:30	46:01	14:37/M	21:27
80		Brody Hutcheson	Montgomery AL	348	10	M	4/5 10-14	45:49	46:10	14:44/M	28:24
81		Tj McGough		326	14	M	5/5 10-14	46:17	46:19	14:53/M	28:34
82		Michaela Hutcheson	Montgomery AL	351	44	F	2/4 40-44	46:01	46:22	14:47/M	21:48
83		Brittney Allen		467	13	F	5/7 10-14	47:55	48:11	15:24/M	23:37
84		Connie Wilkins		334	36	F	10/15 35-39	47:29	48:36	15:16/M	24:03
85		Morgan Warnke	Montgomery AL	336	13	F	6/7 10-14	49:03	49:15	15:46/M	24:41
86		Jennie Mae Pohm	Montgomery AL	376	9	F	1/1 4-9	49:39	49:54	15:58/M	25:20
87		Renee Warnke	Montgomery AL	337	35	F	11/15 35-39	50:27	50:39	16:13/M	26:05
88		Hannah Warnke	Montgomery AL	335	11	F	7/7 10-14	50:28	50:40	16:13/M	26:06
89		Teri Short	Montgomery AL	385	62	F	2/5 60-64	50:55	51:07	16:22/M	26:33
90		Karen Ward	Montgomery AL	386	62	F	3/5 60-64	50:59	51:10	16:23/M	26:36
91		Douglas Medcalf	Wetumpka AL	413	67	M	2/2 65-69	51:24	51:55	16:31/M	34:09
92		Frances Watts	Montgomery AL	469	67	F	1/2 65-69	52:24	52:53	16:51/M	28:19
93		Jamie Lambert		540	34	F	4/5 30-34	52:57	53:18	17:01/M	28:44
94		Libby Hester	Montgomery AL	539	64	F	4/5 60-64	52:56	53:19	17:01/M	28:45
95		David Flack	Montgomery AL	406	76	M	4/4 70-99	53:00	53:27	17:02/M	35:41
96		Carol Tucker	Montgomery AL	338	54	F	4/4 50-54	52:59	53:28	17:02/M	28:54
97		Rita Craft	Montgomery AL	354	57	F	4/6 55-59	53:00	53:28	17:02/M	28:54
98		Kimberly Baker	Montgomery AL	357	47	F	5/6 45-49	53:01	53:30	17:03/M	28:56
99		Cedric Lee		347	40	M	5/5 40-44	53:18	53:45	17:08/M	35:59
100		Cindy Clark	Prattville AL	387	58	F	5/6 55-59	54:24	54:57	17:29/M	30:24
101		Belinda Wilson	Montgomery AL	466	65	F	2/2 65-69	54:25	54:59	17:30/M	30:25
102		Becky Skipper	Montgomery AL	370	63	F	5/5 60-64	56:20	56:53	18:06/M	32:19
103		Len Skipper	Montgomery AL	371	63	M	3/3 60-64	56:22	56:53	18:07/M	39:08
104		Sonya Berryman	Montgomery AL	375	57	F	6/6 55-59	56:19	56:54	18:06/M	32:20
105		Alina Pohan	Montgomery AL	496	39	F	12/15 35-39	56:52	57:05	18:17/M	32:31
106		Allison Bryars	Elmore AL	480	34	F	5/5 30-34	59:10	59:25	19:01/M	34:52
107		Noelle McNeil	Pike Road AL	481	36	F	13/15 35-39	59:13	59:29	19:02/M	34:55
108		Sonya Turner	Montgomery AL	478	48	F	6/6 45-49	59:14	59:37	19:02/M	35:03
109		Joanni Kelley	Deatsville AL	344	41	F	3/4 40-44	59:10	59:40	19:01/M	35:06
110		Cara McCullers		345	29	F	3/7 25-29	59:11	59:40	19:01/M	35:06
111		Hannah Rogers	Montgomery AL	380	28	F	4/7 25-29	1:01:38	1:02:18	19:49/M	37:44
112		Marla Vickers	Montgomery AL	379	38	F	14/15 35-39	1:01:40	1:02:20	19:49/M	37:46
113		Lyndsey Oakley	Montgomery AL	378	29	F	5/7 25-29	1:01:40	1:02:20	19:49/M	37:46
114		Jessica Lawrence	Montgomery AL	377	29	F	6/7 25-29	1:01:40	1:02:20	19:49/M	37:46
115		Dennis Mitchell	Montgomery AL	372	50	M	1/1 50-54	1:02:04	1:02:37	19:57/M	44:51
116		Ariana Gibbs		333	28	F	7/7 25-29	1:09:12	1:09:12	22:15/M	44:39
117		Lisa Tate		339	40	F	4/4 40-44	1:09:17	1:09:17	22:16/M	44:43
118		Maria Mills		346	39	F	15/15 35-39	1:20:09	1:20:34	25:46/M	56:00

Place		-----Total-----								
Overall	Name	City	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace	Time Back
1	Alyssa Montgomery	Lexington KY	434	21	F	1 OA	40:37	40:40	6:21/M	
2	Jeff McIntyre	Montgomery AL	439	38	M	1 OA	42:59	43:01	6:43/M	
3	Matthew Ward	Montgomery AL	474	45	M	1 Masters	43:29	43:33	6:48/M	0:32
4	Jeremy Weremeichik	Montgomery AL	437	28	M	1/3 25-29	44:23	44:27	6:56/M	1:26
5	Carrie Blanton	Montgomery AL	445	31	F	1/2 30-34	44:26	44:29	6:56/M	3:49
6	Taylor Rowell	Montgomery AL	418	25	M	2/3 25-29	48:43	49:00	7:37/M	5:59
7	Maggie Ford	Montgomery AL	438	20	F	1/4 20-24	49:34	49:41	7:45/M	9:01
8	Anna Sherman	Montgomery AL	443	38	F	1/7 35-39	49:44	49:55	7:46/M	9:15
9	James Eberly	Montgomery AL	428	45	M	1/2 45-49	52:28	52:31	8:12/M	9:30
10	Joe Boros	Montgomery AL	427	55	M	1 GMaster	52:42	52:47	8:14/M	9:46
11	Taylor Jernigan	Montgomery AL	431	33	M	1/3 30-34	53:04	53:12	8:17/M	10:11
12	Sarah Gauthier	Montgomery AL	421	33	F	2/2 30-34	53:25	53:35	8:21/M	12:55
13	Brandan Keel	Warner Robins GA	429	43	M	1/5 40-44	54:56	55:13	8:35/M	12:12
14	Larissa Newman	Montgomery AL	423	38	F	2/7 35-39	55:16	55:20	8:38/M	14:41
15	Annette Ammons	Montgomery AL	492	49	F	1 Masters	58:50	58:53	9:11/M	18:13
16	Ben Spivey	Montgomery AL	491	41	M	2/5 40-44	58:50	58:54	9:11/M	15:53
17	Sherrie Estes	Wetumpka AL	442	49	F	1/1 45-49	59:20	59:36	9:16/M	18:56
18	Orlando Buck	Luverne AL	448	41	M	3/5 40-44	59:36	59:42	9:19/M	16:41
19	Phillip Douglas	Marbury AL	425	41	M	4/5 40-44	1:00:40	1:00:47	9:29/M	17:47
20	Shelley Clark	Prattville AL	417	42	F	1/5 40-44	1:00:56	1:01:10	9:31/M	20:31
21	Valerie Hughes	Prattville AL	455	44	F	2/5 40-44	1:01:54	1:02:12	9:40/M	21:33
22	Dave Stever	Montgomery AL	66	66	M	1 SGMaste	1:02:14	1:02:25	9:43/M	19:24
23	David Peel	Prattville AL	465	44	M	5/5 40-44	1:02:17	1:02:33	9:44/M	19:32
24	Wayne Morrow	Montgomery AL	477	67	M	1/1 65-69	1:03:13	1:03:20	9:53/M	20:19
25	Michael Gaerman	Brooklyn NY	424	36	M	1/1 35-39	1:03:06	1:04:10	9:51/M	21:09
26	Lisa Free	Montgomery AL	450	53	F	1 GMaster	1:04:46	1:05:05	10:07/M	24:25
27	Gina Clifford	Pike Road AL	426	39	F	3/7 35-39	1:04:58	1:05:10	10:09/M	24:30
28	Denise Williams	Prattville AL	432	54	F	1/4 50-54	1:05:02	1:05:14	10:10/M	24:34
29	Billy Jones	Wetumpka AL	461	48	M	2/2 45-49	1:06:28	1:06:40	10:23/M	23:39
30	Trina Brown	Prattville AL	458	38	F	4/7 35-39	1:06:20	1:06:53	10:22/M	26:14
31	Paul Barnes	Prattville AL	454	58	M	1/1 55-59	1:06:43	1:06:54	10:25/M	23:53
32	Brenda Leveille	Prattville AL	453	50	F	2/4 50-54	1:07:27	1:07:39	10:32/M	26:59
33	John Rainwater	Troy AL	463	28	M	3/3 25-29	1:08:02	1:08:19	10:38/M	25:18
34	Perry Brown	Troy AL	464	31	M	2/3 30-34	1:08:02	1:08:19	10:38/M	25:18
35	Kathleen Mahoney-Norris	Prattville AL	447	63	F	1 SGMaste	1:08:49	1:09:07	10:45/M	28:28
36	Boris Pinsky	Montgomery AL	462	53	M	1/1 50-54	1:09:09	1:09:41	10:48/M	26:40
37	Abigayle Jernigan	Montgomery AL	430	29	F	1/2 25-29	1:11:13	1:11:21	11:08/M	30:41
38	Jessica Carter	Clanton AL	451	36	F	5/7 35-39	1:12:20	1:12:55	11:18/M	32:15
39	Darrell Rigsby	Dothan AL	408	33	M	3/3 30-34	1:14:28	1:15:03	11:38/M	32:02
40	Elisha Parkhill	Montgomery AL	422	37	F	6/7 35-39	1:17:02	1:17:12	12:02/M	36:32
41	Cheryl Frith	Wetumpka AL	444	56	F	1/3 55-59	1:17:35	1:17:45	12:07/M	37:05
42	Alice Smith	Montgomery AL	440	58	F	2/3 55-59	1:18:27	1:18:41	12:15/M	38:01
43	Latwanya Grays	Montgomery AL	479	43	F	3/5 40-44	1:18:28	1:18:50	12:15/M	38:10
44	Chris Green	Wetumpka AL	441	73	F	1/1 70-99	1:18:54	1:19:08	12:20/M	38:29
45	Carrie Rauch	Montgomery AL	419	38	F	7/7 35-39	1:20:22	1:20:31	12:33/M	39:51
46	Sandy Deininger	Wetumpka AL	420	56	F	3/3 55-59	1:20:56	1:21:06	12:39/M	40:26
47	Genie Pylrik	Montgomery AL	435	62	F	1/1 60-64	1:21:12	1:21:26	12:41/M	40:46
48	Karen Bixler	Prattville AL	436	50	F	3/4 50-54	1:21:52	1:22:06	12:47/M	41:26
49	Laura Freeman	Montgomery AL	459	29	F	2/2 25-29	1:21:49	1:22:06	12:47/M	41:26
50	Mary Jo Starcher	Wetumpka AL	452	41	F	4/5 40-44	1:22:53	1:23:07	12:57/M	42:27
51	Julia McAlindon	Auburn AL	446	20	F	2/4 20-24	1:22:53	1:23:08	12:57/M	42:28
52	Jennette Williams	Wetumpka AL	449	42	F	5/5 40-44	1:26:05	1:26:24	13:27/M	45:44
53	Tori Jones	Wetumpka AL	460	15	F	1/1 15-19	1:29:54	1:30:06	14:03/M	49:27
54	Katherine Rowell	Montgomery AL	457	20	F	3/4 20-24	1:30:22	1:30:38	14:07/M	49:59
55	Bianca Ras	Auburn AL	456	21	F	4/4 20-24	1:30:24	1:30:41	14:07/M	50:01
56	Carol Baker	Troy AL	488	51	F	4/4 50-54	1:32:42	1:33:01	14:29/M	52:22